



Emotional Educational Enrichment

*Inspiring Healthy Families.
Building Stronger Communities.*

GROWING HEALTHY CHOICES *in Spanish Fort*

**OUR COMMUNITY IS GROWING.
COULD OUR DINING CHOICES GROW WITH US?**

Spanish Fort is a beautiful place to live, work and raise a family. As our community continues to grow, we have an opportunity to welcome more health-forward dining options for every family.

Together, we can make it happen!

SPANISH FORT: A STRONG COMMUNITY WITH A BRIGHT FUTURE



MEDIAN HOME VALUE
\$343,900
(2020-2024)



POPULATION (JULY 1, 2025 EST.)
11,203
Up from 10,041 in 2020



MEDIAN HOUSEHOLD INCOME
\$99,346
(2020-2024)



CHILDREN & YOUTH
26%
of people under 18



EDUCATED COMMUNITY
49%
of adults 25+ hold a bachelor's degree or higher



THRIVING RETAIL MARKET
\$302 MILLION
in retail sales (2022)
≈ \$28,360 per resident

Source: U.S. Census Bureau – QuickFacts (Spanish Fort city, AL)

OUR OBSERVATIONS



Many of our commercial areas are concentrated along major highways (I-10, Highway 31, Causeway, US 90/98). These locations are designed for convenience and high traffic.



This development pattern attracts national chains that excel at speed, visibility, and drive-through service.



Spanish Fort is prosperous, highly educated, family-oriented, and growing—yet truly health-focused restaurant choices remain limited.



We do have great local options (like Ohana Poke & Teriyaki and Newk's Eatery) and we celebrate them! Our goal is not to replace, but to expand choices for every family.

Together, we can invite even more healthier choices to Spanish Fort!

EXAMPLES OF HEALTH-FORWARD RESTAURANTS OUR COMMUNITY COULD ENCOURAGE TO CONSIDER SPANISH FORT

Panera
BREAD®



Grain & Market Bowls, salads, soups and customizable, lighter meals.

CAVA



Mediterranean-inspired bowls with fresh greens, grains, veggies, and customizable proteins.

NOT FRANCHISING AT THIS TIME

Clean Eatz



Balanced, chef-prepared meals, grab-and-go options, meal plans and smoothies.

FRANCHISE OPPORTUNITY

First Watch
THE DAYTIME CAFE



Breakfast, brunch & lunch featuring fresh ingredients, healthy options and delicious comfort food.

COMPANY-OWNED – A COMMUNITY REQUEST

TOGETHER, WE CAN BRING MORE HEALTHY CHOICES TO SPANISH FORT!



SHOW THE DEMAND
Choose health-forward restaurants, share your preferences, and let businesses know there's strong community interest.



MAKE RECOMMENDATIONS
Know a restaurant or franchise that would be a great fit? Share your ideas with us, local developers, and city leaders.



REACH OUT
Encourage the companies you love to consider Spanish Fort. Your voice matters!



PARTNER WITH DEVELOPERS & BUSINESS OWNERS
Let's invite health-forward restaurants to be part of our growing community.



Healthy families. Strong community. Bright future. 
LET'S GROW HEALTHY CHOICES IN SPANISH FORT!

LEARN MORE & GET INVOLVED!
wholechildhappeningsbc.com

This community initiative is brought to you by Whole Child Happenings of Baldwin County, a local non-profit dedicated to inspiring healthy families and stronger communities.